

Surname

Professor's Name

Bullying in nursing schools

Date

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Introduction

Bullying is an action that seeks to coerce, harm, or intimidate. Nursing, as with most of the other professions, has its own share of bullying. The job is discredited by bullying despite other nurses working in goodwill, efficiency, and dedication. Bullying impacts nurses, together with the environment of working. It can cause nurses to quit and look for jobs elsewhere or work with low morale. Bullying could have psychological and physiological effects. This document addresses bullying in nursing schools.

In nursing school, Naphtali, a friend of mine, experienced bullying and noticed it in many aspects. He was subject to bullying from the Nursing instructor. Our instructor made constant threats that we have to adhere to what he says since he could pass or fail us. He made Naphtali believe that his graduation is entirely dependent on the nursing instructor since he could ensure Naphtali never graduates. There were even cases where nursing students were exposed to verbal abuse. The instructor was intent on making Naphtali's life in the nursing school life in hell because he had disagreed on how an activity the instructor had given out should be done. Raising his concerns about the event and letting him know how he would rather have it done in a method that is best for all nursing students caused the problem. The nursing instructor saw this as rudeness of which Naphtali did not intend to portray that way, he was asking for consideration of another method. The instructor was not so shy in portraying rudeness back. Naphtali would have been okay

with him just showing us why his approach is the best in that situation, but instead, the instructor focused on why Naphtali's method as he termed it was stupid and not well thought out. He took Naphtali's proposal as undermining his rule, and so he undermined Naphtali in front of the class and continued to do so whenever he got the chance in class. This behavior had psychological effects on my friend and even affected his studies. He was uncomfortable in his classes and would have preferred a different instructor rather than a bully. Naphtali tried to confront him, but then he threatened that his graduation depended on him, so trying to be a man will not make Naphtali graduate.

The experience was not ideal. Naphtali was traumatized sometimes after we had meetings with the nursing instructor, and it made his overall experience in the place not satisfying. He did not raise the issue with administration and decided to stay quiet about it. I realize this was wrong because it empowered the bully, even more to intimidate other students too. What Naphtali ought to have done was stand up to the bully even if it meant not graduating, which would not be the case since he had done nothing wrong. Naphtali should have reported the issue with the administration. The administration would have confronted the nursing instructor and made him respect students. Raising awareness about the bullying instructor would have made students come out with their cases also, and the issue would have been addressed in a formal manner.

In conclusion, it is important that we notice bullying for what it is. It could happen to anyone from the students to subordinate staff from management. Staying quiet about bullying and hoping that it will end does not work. We have to come out strongly to address bullying as soon as it starts to prevent the continuance of the action.